

2025/2026 Sports Schedule

Sport Programs	Location	Months	Day	Time
FALL/WINTER SPORTS				
5-pin Bowling	Galaxy Bowling	Sept – March	Sunday	6:30 – 8:30
Swimming	ARC	Sept – March	Saturday	3:30 – 5:00
Curling	Curling Club	Oct – March	Thursday	3:45 – 5:30
Speed Skating	TBD	Oct– March	TBD	TBD
Club Fit (<i>ages 14+</i>)	ARC	Oct – March	Tuesday	4:30 – 5:45
Floorball	Ag. Rec. Center	Oct – March	Wednesday	6:00 – 8:00
Basketball	W.A. Fraser Middle School	Oct – March	Monday	6:00 – 8:00
Rhythmic Gymnastics	Emmanuel Mennonite Church	Oct – March	Wednesday	6:00 – 7:45
Snowshoeing (<i>must be in Club Fit</i>)	TBD	Oct – March	Sunday	TBD
SPRING/SUMMER SPORTS				
Soccer	Abbotsford Middle School	April – June	Wednesday	6:00 – 7:30
Softball	Crossley Park	April – June	Monday	5:30 – 8:30
Track and Field	Rotary Stadium	April – June	Saturday	10:30 – 12:00
Golf	Fraserglen Golf Course	April – June	Thursday	6:00 – 8:00
Bocce	ARC/Yale field	April – June	Sunday	6:00 – 7:30
ALL YEAR SPORTS				
Competitive Swim Team (<i>by invitation only</i>)	ARC	Sept – June	Thursday	6:15 – 7:15
Powerlifting (<i>ages 16+</i>)	Bolt Fitness	Oct – May	Saturday	10:00 – 12:00
Active Start (<i>ages 2-6</i>)	Sandy Hill Elementary	Oct – June	Monday	6:00 – 7:00
Fundamentals (<i>ages 7-11</i>)	Sandy Hill Elementary	Oct - June	Monday	6:00 – 7:00
Sport Start (<i>ages 12-16</i>)	Ag. Rec. Center	Oct – June	Wednesday	6:30 – 7:30

**** Dates and times are subject to change**