

2025/2026 Sports Schedule

Day	Sport Programs	Location	Months	Time
Winter				
Sunday	Curling	George Preston Arena	Oct. 5 – Mar. 10	3:30-5:00 pm
Monday	Bowling	Alder Alley Lanes	Sep. 22-Dec. 15	6:00-8:00 pm
Tuesday	Swimming	Walnut Grove Rec.	Oct. 14 - Mar. 10	5:15-6:30 pm
Tuesday	Basketball	H.D. Stafford	Oct. 14 – Mar. 10	7:00-8:00 pm
Wednesday	Rhythmic Gymnastics	James Kennedy Elementary	Oct. 15 – Mar. 11	6:30-8:00 pm
Thursday	Club Fit	Topham Elementary	Oct. 16 – Mar. 12	6:15-7:15 pm
Thursday	Floor Ball	H.D. Stafford	Oct. 16 – Mar. 12	7:00-8:00 pm
Friday	Bowling	Alder Alley Lanes	Sept. 26-Dec. 19	6:00-8:00 pm
Spring				
Monday	Softball	TBD	TBD	6:15-8:00 pm
Tuesday	Bocce	TBD	TBD	6:30-8:00 pm
Tuesday	Golf	Langley Golf Centre	TBD	6:30-8:00 pm
Wednesday	Soccer	TBD	TBD	7:00-8:30 pm
Thursday	Athletics (Track & Field)	McLeod Park Track	TBD	6:30-8:00 pm
Thursday	Club Fit	Topham Elementary	TBD	6:15-7:15 pm
Friday	Bowling	Alder Alley Lanes	TBD	6:00-8:00 pm

Please note that Bowling is offered on Mondays and Fridays. Only choose 1 either Monday or Friday
Swimming & Basketball are on same night – only choose 1
Club Fit & Floor Ball are on same night – only choose 1

Swimming – Must have ability to swim, not a learn to swim program
Golf – Must provide own clubs

**** Date and times are subject to change ****