

SOBC-COQUITLAM SPEED SKATING/ REGIONAL QUALIFIER MEET

Date: February 8, 2026

9:30am-3:30pm

Planet Ice - Arena #1— 2300 Rocket Way, Coquitlam, BC

Coquitlam Local invites BC Special O Speed Skaters to compete at our Annual SOBC-Sanctioned Speed Skating Meet (also a Qualifier meet, for the 2027 Winter Provincial Games)

REGISTRATION info:

Deadline: Monday, January 5, 2026

Fee: \$25/athlete & \$15/coach (non-refundable)

Cheques payable to SOBC Coquitlam, may be brought in on Feb 8, day of the Meet.

Registration form enclosed:

Choose **a minimum of 2 races, and a max of 4 for each athlete, and list athletes' race times** in the space provided for the event they will be participating in—

55m (Developmental only), 111m, 222m, 333m, 500m, 777m, 1000m, 1500m, 3000m

Preliminary races and finals to be determined.

Please fill out online, and return by email to meet coordinator:

dimarkbru@gmail.com /contact info 604-375-9719

1578 Madore Ave

Coquitlam, BC V3K-3C4

Coaches

Please review SOBC website—>www.specialolympics.bc.ca—

>**Resources**—> Coach certification requirements, Competition Sport Rules, Competition & Practice Attire, MPR (Maximum Performance Rule)

-Travel to and from the venue will be the responsibility of your local.

-please bring your NCCP#, and all medical forms of your athletes and coaches.

-Be prepared to attend the entire competition.

- Coach: Athlete ratio is 1:3
- Snacks and coffee will be provided in the Officials/ Coaches' room for coaches, officials, and volunteers.

Athletes

- must wear all necessary safety equipment, and follow rules as outlined in SOBC website.
- bring own water bottle. Lunches and snacks will be provided.

To all: Please dress warmly as this venue is **cold**.

MEET SCHEDULE:

9:30—Registration in Coquitlam Planet Ice lobby

9:50—Team photos will be taken adjacent to the lobby

10:00—Dryland warmup

10:30—Coaches' meeting in Officials/recording room

10:45—Equipment on

11:15-11:20—On ice warmup for Group 1

11:21-11:26—On ice warmup for Group 2

11:30—Races begin

1pm (time approximate)—lunch provided

* ice will be cleaned when deemed necessary by chief referee

3:30pm (time approximate)—competition complete; remove mats from ice.